



## Medication

While at Amethyst House residents are encouraged to maintain their medication routine.

All medications, vitamins, and supplements are required to be blister packed.

To avoid disruption with medications please follow one of the following guidelines listed below:

- Ensure medications are acceptable to Amethyst House
- Bring enough medications for your first week in Blister Packs. Simply tell your pharmacist to **BLISTER PACK** your prescriptions, vitamins and supplements when you are having your prescriptions filled and prepared for arrival at Amethyst House.  
OR
- Bring a new unfilled written prescription to Amethyst House and upon arrival we will have our recommended pharmacist fill it into **BLISTER PACKS**  
OR
- Have your physician fax your prescription to our recommended pharmacist at 250 338-9470 for **BLISTER PACKING** and delivery.
- Please be aware that Amethyst House does not cover the cost of medication, vitamins or supplements. Please bring funds to cover the cost.



- **DO NOT bring medications in bottles. If you do we cannot BLISTER PACK them and you will be required to obtain a new prescription which may include another cost to you.**
- **Please do not bring any opened over the counter medications. Approved over the counter medications will only be administered under the direction of a physician and where seals are unbroken.**
- **Upon arrival medications, vitamins, supplements, and over the counter medications, will be placed in a secure location and administered as prescribed.**
- **There are specific policies and procedures for All PRN medication. These will be discussed with individual clients upon arrival. All PRN medication will be stored for safe keeping.**
- **Meth-a-dose will be delivered at 3pm daily for witnessed dosage.**

#### **Medications that are banned from Amethyst House**

- **Gravol**
- **Over the counter medications containing: Codeine, DM, ephedrine, pseudoephedrine**
- **Campral**
- **Tums**